

Hope International (NZ) Ltd

Seventh-day Adventist Laymen Upholding Historic Adventism



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“There Is No Respector Of Persons With God.” Romans 2:11

Some time ago I attended Church in a small town on Sabbath. We were greeted from the pulpit with a sermon from a visiting elder. He stated in his introduction, *“God rejected the Jewish Church, and He rejected the Roman Catholic Church, but He will never reject the Seventh-day Adventist Church. He has driven a stake in the ground and it shall not be removed!”* I was not surprised when he concluded from this premise, *“God has no need to raise up offshoots!”* If his premise is correct, then all the independent and self supporting ministries that are rising up throughout the world must be logically raised up by Satan. The next logical conclusion is that if you stay in the Church, you will have a better chance of being saved. This was the same Church attitude which led to the crucifixion of Christ and the martyrdom of His disciples. They were taught, and consequently believed, that if they stayed in the Church they would be saved. An example of this is when Jesus healed the man who had been blind from birth. The leaders asked his parents who they believed had healed him. They told them to ask their son. They did not want to be thrown out of the synagogue in which they believed their salvation depended. *“But by what means he now seeth, we know not; or who hath opened his eyes, we know not: he is of age; ask him: he shall speak for himself. These words spake his parents, because they feared the Jews: for the Jews had agreed already, that if any man did confess that he was Christ, he should be put out of the synagogue.”* John 9:21-23.

History shows us that the unbelieving Jewish leaders and their flock who stayed in the Church were eternally lost. The Roman Catholic Church refined this fatal deception. They believed that as the body of Christ, they had not, nor could ever err. Hence, they believed salvation was obtained by staying in the Church. The Seventh-day Adventist Church was raised up by God to restore the truth and correct the errors in the back-slidden Churches. The speaker has unwittingly brought into question the character of God, by stating that God is going to deal with the Seventh-day Adventist Church

differently from how He has dealt with all His other people throughout the ages. Let's look at God's character, for He is long-suffering (2 Peter 3:9) and never changes. *“For I am the LORD, I change not...”* Malachi 3:6. *“Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.”* James 1:17.

“Jesus Christ the same yesterday, and to day, and for ever.” Hebrews 13:8.

Here we see that God never changes. This shows us that He will deal with the Seventh-day Adventist Church in exactly the same way as He dealt with the unbelieving Jews and the Roman Catholic Church. If He did not use the same rule for all, then the lost Jews and Roman Catholics would be the first to complain about God's partiality before the on-looking Universe on the judgment day. The God in the Old Testament is the Jesus Christ of the New Testament. *“And did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ”* 1 Corinthians 10:4. God is both loving and kind, and He is consistent and is not the God of confusion. *“For God is not the author of confusion, but of peace, as in all churches of the saints.”* 1 Corinthians 14:33.

The human race knows that they all will die. Cemeteries all over the world are witness to this fact. We, as Bible believing Christians, know why we die. We believe that there was war in Heaven. Satan and his angels lost and were thrown out to this world. *“And there was war in heaven: Michael and his angels fought against the dragon; and the dragon fought and his angels, And prevailed not; neither was their place found any more in heaven. And the great dragon was cast out, that old serpent, called the Devil, and Satan, which deceiveth the whole world: he was cast out into the earth, and his angels were cast out with him.”* Revelation 12:7-9. After this war in Heaven, God warned our first parents, *“But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not*

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eat of it, neither shall ye touch it, lest ye die." Genesis 3:3. The Spirit of Prophecy sheds more light on Satan's victory over our first parents. "Our first parents were warned by God not to eat the forbidden fruit. It was decided in heaven's council for angels to visit Eden and warn Adam that he was in danger from the foe. Two angels sped on their way to visit our first parents. . . They told Adam and Eve that God would not compel them to obey, that He had not removed from them power to go contrary to His will; that they were moral agents, free to obey or disobey. . ." Lift Him Up, pg 20. When Christ came to this earth as the Messiah He was reminded by Satan that this was His world. "Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; And saith unto him, All these things will I give thee, if thou wilt fall down and worship me." Matthew 4:8-9.

In this great conflict, God wills that none of His children would be lost. "The Lord is not slack concerning his promise, as some men count slackness; but is long-suffering to us-ward, not willing that any should perish, but that all should come to repentance." 2 Peter 3:9.

God wants none to be lost, but our great adversary wants to take us all to the lake of fire with him and his angels. "... for the accuser of our brethren is cast down, which accused them before our God day and night." Revelation 12:10.

Satan is accusing God of double standards, and the universe looks on to see if Satan's accusations are correct. "For we know that the whole creation groaneth and travaileth in pain together until now." Romans 8:22.

While God wants all of us to be saved, He cannot save anyone who is knowingly breaking His Commandments. If He did, the on-looking Universe would see that God has double standards.

"And the times of this ignorance God winked at; but now commandeth all men everywhere to repent:" Acts 17:30.

God's true plan of salvation is the 'Righteousness by Faith Gospel' which Paul was not ashamed of. It was the power of God made available to lost humanity that sinners might overcome as Christ overcame. (Revelation 3:21). "For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith. For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness;" Romans 1:16-18. This unrighteousness is the phoney new theology gospel which offers us salvation in our sins. "Having a form of godliness, but denying the power thereof: from such turn away." 2 Timothy 3:5.

So far, we have shown that humanity cannot be saved in their sins, because Satan would immediately claim before the on-looking Universe that it was unfair because he had been thrown out of Heaven because of transgression, and so he claims every one of us who continues to choose to sin, whether we are in the Church, or out of the Church.

Satan, who is the author of the 'New Theology' doctrine which pervades our Adventist Institutes of higher learning, was exposed by the Church prophet. "Through defects in the character, Satan works to gain control of the whole mind, and he knows that if these defects are cherished, he will succeed. Therefore he is constantly seeking to deceive the followers of Christ with his fatal sophistry that it is impossible for them to overcome." Great Controversy pg 489.

The preacher's claim that God had driven a stake in the ground and would never reject the Seventh-day Adventist Church is proven completely untenable by the following Bible verses. No informed persons would deny they refer to the Seventh-day Adventist Church.

"And unto the angel of the church of the Laodiceans write;... I know thy works, that thou art neither cold nor hot: I would thou wert cold or hot. So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth. Because thou sayest, I am rich, and increased with goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked:" Revelation 3:14-16.

Here God is saying that He will spue the Church out because she said "I am rich, and increased with goods, and have need of nothing;" He said we were "wretched, and miserable, and poor; and blind, and naked." The preacher's premise is nullified by this Bible quote. It shows that God never changes and His dealings with the Seventh-day Adventist Church is to be exactly the same as when He dealt with both the unbelieving Jewish Church and the Roman Catholic Church. The dumb dogs that will not bark are the Church leaders. (Isaiah 56:10, 5T 211.) Corporately, the Church leaders are not warning their flocks of the terrible apostasy and soon coming destruction. "We have now before us the alpha of this danger. The omega [of apostasy] will be of a most startling nature." Testimonies Series B, No 2, pg 16.

I had lunch after the sermon with the speaker and mentioned the apostasy at Loma Linda University Hospital. I mentioned that they were going after the world and using drugs which is against the instructions from the Spirit of Prophecy. They are also carrying out abortions. I mentioned that God gave a health blueprint for His Remnant Church. Now if Loma Linda Hospital is not following that blueprint, does God have the authority to raise up ones of His own choosing to teach and practise His blueprint? He had to agree that God could do this. In so

doing, he defeated the whole purpose of his sermon. After dealing with the health issue, we moved to theology. It was stated that the Jesuits had infiltrated our learning institutions and the consequences would be fatal. The Church mandatorily requires all pastors to go through this papal indoctrination in our Universities. Through this hierarchical control, they then influence the doctrine in every Adventist pulpit. Is this why the prophet said that our churches are dying for lack of teaching on 'Righteousness by Faith?' (GW pg 301). I asked again, has God got the authority to raise up anyone of His choosing to preach His blueprint without asking the Church leaders for permission? The speaker again had to acknowledge that God could raise up whenever and whoever He likes, to save His people with His blueprint of Truth. We are told that God is taking the reins into His own hands. (TM 300). It was mentioned that Christ's body, the Church, was authorised to only teach those things that was taught to them by the Master. (Matthew 28:20). It was pointed out that God's blueprint is of greater authority than His Church. Most pastors have no idea that there is a curse on them and their 'New Theology' which is based on the false doctrine of original sin. "But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed." Galatians 1:8.

We all have a responsibility to not only live the truth but to teach it and defend it. "Lift up thy voice like a trumpet, and show My people their transgression, and the house of Jacob their sins. So far as his opportunities extend, everyone who has received the light of truth is under the same solemn and fearful responsibility as was the prophet of Israel..." "Now, as in former ages, the presentation of a truth that reproveth the sins and errors of the times will excite opposition... and with a malicious spirit they assail the character and motives of those who stand in defense of unpopular truth. It is the same policy which has been pursued in all ages. Elijah has declared to be a troubler in Israel, Jeremiah a traitor, Paul a polluter of the temple. From that day to this, those who would be loyal to truth have been denounced as seditious, heretical, or schismatic. Multitudes who are too unbelieving to accept the sure word of prophecy will receive with unquestioning credulity an accusation against those who dare to reprove fashionable sins. This spirit will increase more and more..." Great Controversy 458-459.

Those few who would blow the trumpet in Zion must be prepared to receive the same treatment as the prophets of old. In the 1888 Material vol 2. pg 658, the prophet said that there may be a need for another calling out. God had said to the Church leadership to get the Great Controversy book out to the world. They de-

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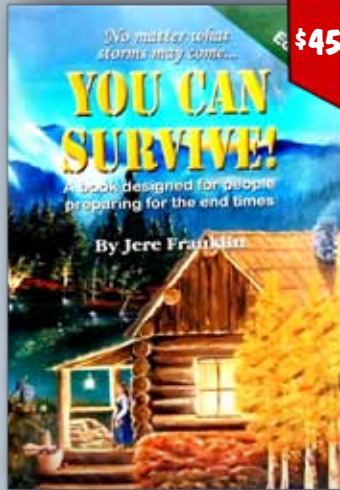
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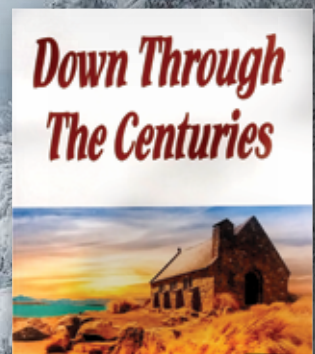
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THE LORD OUR RIGHTEOUSNESS

The big question, then, is, How may the righteousness that is necessary in order that one may enter that city, be obtained? To answer this question is the great work of the Gospel. Let us first have an object lesson on justification, or the imparting of righteousness. The fact may help us to a better understanding of the theory. The example is given in Luke 18:9-14, in these words:- "And He spake this parable unto certain which trusted in themselves that they were righteous, and despised others: Two men went up into the temple to pray; the one a Pharisee, and the other a publican. The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as other men are, extortioners, unjust, adulterers, or even as this publican. I fast twice in the week, I give tithes of all that I possess. And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner. I tell you, this man went down to his house justified rather than the other; for everyone that exalteth himself shall be abased; and he that humbleth himself shall be exalted."

"This was given to show how we may not, and how we may, attain to righteousness. The Pharisees are not extinct; there are many in these days who expect to gain righteousness by their own good deeds. They trust in themselves that they are righteous. They do not always so openly boast of their goodness, but they show in other ways that they are trusting to their own righteousness.

Perhaps the spirit of the Pharisee is the spirit which would recount to God one's own good deeds as a reason for favor is found as frequently as anywhere else among those professed Christians who feel the most bowed down on account of their sins. They know that they have sinned, and they feel condemned. They mourn over their sinful state, and deplore their weakness. Their testimonies never rise above this level. Often they refrain for very shame from speaking in the social meeting, and often they do not dare approach God in prayer. After having sinned to a greater degree than usual, they refrain from prayer for some time, until the vivid sense of their failure has passed away, or until they imagine that they have made up for it by special good behavior. Of what is this a manifestation? Of that Pharisaic spirit that would flaunt its own righteousness in the face of God; that will not come before Him unless it can lean on the false prop of its own fancied goodness. They want to be able to say to the Lord, "See how good I have

been for the past few days; you surely will accept me now."

But what is the result? The man who trusted in his own righteousness had none, while the man who prayed, in heart-felt contrition, "God be merciful to me, a sinner," went down to his house a righteous man. Christ says that he went justified, that is, made righteous.

Notice that the publican did something more than bewail his sinfulness; he asked for mercy. What is mercy? It is unmerited favor. It is the disposition to treat a man better than he deserves. Now the Word of Inspiration says of God: "As the heaven is high above the earth, so great is His mercy toward them that fear Him." Ps. 103:11. That is, the measure by which God treats us better than we deserve when we humbly come to Him, is the distance between earth and the highest heaven. And in what respect does He treat us better than we deserve? In taking our sins away from us; for the next verse says: "As far as the east is from the west, so far hath he removed our transgressions from us." With this agree the words of the beloved disciple: "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." 1 John 1:9.

For a further statement of the mercy of God, and of how it is manifested, read Micah 7:18, 19: "Who is a God like unto Thee, that pardoneth iniquity, and passeth by the transgression of the remnant of His heritage? He retaineth not His anger forever, because He delighteth in mercy. He will turn again, He will have compassion upon us; He will subdue our iniquities; and Thou wilt cast their sins into the depths of the sea." Let us now read the direct Scripture statement of how righteousness is bestowed. The apostle Paul, having proved that all have sinned and come short of the glory of God, so that by the deeds of the law no flesh shall be justified in his sight, proceeds to say that we are "justified [made righteous] freely by his grace through the redemption that is in Christ Jesus; whom God hath set forth to be a propitiation through faith in His blood, to declare His righteousness for the remission of sins that are past, through the forbearance of God; to declare, I say, at this time His righteousness; that He might be just, and the justifier of him that believeth in Jesus." Rom. 3:24-26.

"Being made righteous freely." How else could it be? Since the best efforts of a sinful man have not the least effect toward producing righteousness, it is evident that



E.J. Waggoner

the only way it can come to him is as a gift. That righteousness is a gift is plainly stated by Paul in Rom. 5:17: "For if by one man's offense death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by One, Jesus Christ." It is because righteousness is a gift that eternal life, which is the reward of righteousness, is the gift of God, through Jesus Christ our Lord.

Christ has been set forth by God as the One through whom forgiveness of sins is to be obtained; and this forgiveness consists simply in the declaration of His righteousness (which is the righteousness of God) for their remission. God, "who is rich in mercy" (Eph. 2:4), and who delights in it, puts His own righteousness on the sinner who believes in Jesus, as a substitute for his sins. Surely, this is a profitable exchange for the sinner, and it is no loss to God, for He is infinite in holiness, and the supply can never be diminished.

The scripture that we have just been considering (Rom. 3:24-26) is but another statement of verses 21, 22, following the declaration that by the deeds of the law there shall no flesh be made righteous. The apostle adds: "But now the righteousness of God without the law is manifested, being witnessed by the law and the prophets; even the righteousness of God which is by faith of Jesus Christ unto all and upon all them that believe." God puts His righteousness upon the believer. He covers him with it, so that his sin no more appears. Then the forgiven one can exclaim with the prophet:

"I will greatly rejoice in the Lord, my soul shall be joyful in my God; for He hath clothed me with the garments of salvation, He hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorneth herself with her jewels." Isa. 61:10. But what about "the righteousness of God without the law"? How does that accord with the state-

ment that the law is the righteousness of God, and that outside of its requirements there is no righteousness? There is no contradiction here. The law is not ignored by this process. Note carefully: Who gave the law? - Christ. How did He speak it? "As one having authority," even as God. The law sprang from Him the same as from the Father, and is simply a declaration of the righteousness of His character. Therefore the righteousness which comes by the faith of Jesus Christ is the same righteousness that is epitomized in the law; and this is further proved by the fact that it is "witnessed by the law."

Let the reader try to picture the scene. Here stands the law as the swift witness against the sinner. It cannot change, and it will not call a sinner a righteous man. The convicted sinner tries again and again to obtain righteousness from the law, but it resists all his advances. It cannot be bribed by any amount of penance or professedly good deeds. But here stands Christ, "full of grace" as well as of truth, calling the sinner to Him. At last the sinner, weary of the vain struggle to get righteousness from the law, listens to the voice of Christ, and flees to His outstretched arms. Hiding in Christ, he is covered with His righteousness; and now behold! he has obtained, through faith in Christ, that for which he has been vainly striving. He has the righteousness which the law requires, and it is the genuine article, because he obtained it from the Source of Righteousness; from the very place whence the law came. And the law witnesses to the genuineness of this righteousness. It says that so long as the man retains that, it will go into court and defend him against all accusers. It will witness to the fact that he is a righteous man. With the righteousness which is "through the faith of Christ, the righteousness which is of God by faith" (Phil. 3:9), Paul was sure that he would stand secure in the day of Christ. There is in the transaction no ground for finding fault. God is just, and at the same time the Justifier of him that believeth in Jesus. In Jesus dwells all the fullness of the Godhead; He is equal with the Father in every attribute. Consequently, the redemption that is in Him, the ability to buy back lost man is infinite. Man's rebellion is against the Son as much as against the Father, since both are one. Therefore, when Christ "gave Himself for our sins," it was the King suffering for the rebellious subjects, the One injured passing by, overlooking, the offense of the offender. No skeptic will deny that any man has the right and privilege of pardoning any offense committed against himself; then why cavil when God exercises the same right? Surely if He wishes to pardon the injury done Himself, He has the right; and more because He vindicates the integrity of His law, by submitting in His own Person to the

penalty which was due the sinner. "But the innocent suffered for the guilty." True; but the innocent Sufferer "gave himself" voluntarily, in order that He might, in justice to His government, do what His love prompted, namely, pass by the injury done to Himself as the Ruler of the universe. Now read God's own statement of His own Name a statement given in the face of one of the worst cases of contempt ever shown Him: "And the Lord descended in the cloud, and stood with him there, and proclaimed the Name of the Lord. And the Lord passed by before him, and proclaimed, The Lord, The Lord God, merciful and gracious, long-suffering, and abundant in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty." Ex. 34:5-7. This is God's Name; it is the character in which He reveals Himself to man; the light in which He wishes men to regard Him. But what of the declaration that He "will by no means clear the guilty"? That is perfectly in keeping with His long-suffering, abundant goodness, and His passing by the transgression of His people. It is true that God will by no means clear the guilty; He could not do that and still be a just God. But He does something which is far better: He removes the guilt, so that the one formerly guilty does not need to be cleared, he is justified, and counted as though he never had sinned.

Let no one cavil over the expression, "putting on righteousness," as though such a thing were hypocrisy. Some, with a singular lack of appreciation of the value of the gift of righteousness, have said that they did not want righteousness that was "put on," but that they wanted only that righteousness which comes from the life, thus depreciating the righteousness of God, which is by faith of Jesus Christ unto all, and upon all that believe. We agree with their idea insofar as it is a protest against hypocrisy, a form of godliness without the power; but we would have the reader bear this thought in mind: It makes a vast deal of difference who puts the righteousness on. If we attempt to put it on ourselves, then we really get on nothing but a filthy garment, no matter how beautiful it may look to us; but when Christ clothes us with it, it is not to be despised nor rejected. Mark the expression in Isaiah: "He hath covered me with the robe of righteousness." The righteousness with which Christ covers us is righteousness that meets the approval of God; and if God is satisfied with it, surely men ought not to try to find anything better. But we will carry the figure a step further, and that will relieve the matter of all difficulty. Zech. 3:1-5 furnishes the solution; it reads thus:

"And he showed me Joshua the high priest standing before the Angel of the Lord, and

Satan standing at his right hand to resist Him. And the Lord said unto Satan, The Lord rebuke thee, O Satan; even the Lord that hath chosen Jerusalem rebuke thee; is not this a brand plucked out of the fire? Now Joshua was clothed with filthy garments, and stood before the Angel. And He answered and spake unto those that stood before Him, saying, Take away the filthy garments from him. And unto him He said, Behold I have caused thine iniquity to pass from thee, and I will clothe thee with change of raiment. And I said, Let them set a fair miter upon his head. So they set a fair miter upon his head, and clothed him with garments. And the Angel of the Lord stood by."

Notice in the above account that the taking away of the filthy garments is the same as causing the iniquity to pass from the person. And so we find that when Christ covers us with the robe of His own righteousness, He does not furnish a cloak for sin, but takes the sin away. And this shows that the forgiveness of sins is something more than a mere form, something more than a mere entry in the books of record in heaven, to the effect that the sin has been canceled. The forgiveness of sins is a reality; it is something tangible, something that vitally affects the individual. It actually clears him from guilt; and if he is cleared from guilt, is justified, made righteous, he has certainly undergone a radical change. He is, indeed, another person. For he obtained this righteousness for the remission of sins, in Christ. It was obtained only by putting on Christ. But "if any man be in Christ, he is a new creature." 2 Cor. 5:17. And so the full and free forgiveness of sins carries with it that wonderful and miraculous change known as the new birth; for a man cannot become a new creature except by a new birth. This is the same as having a new, or a clean, heart.

The new heart is a heart that loves righteousness and hates sin. It is a heart of willingness to be led into the paths of righteousness. It is such a heart as the Lord wished Israel to have when He said, "O that there were such a heart in them, that they would fear Me, and keep all My commandments always, that it might be well with them, and with their children forever!" Deut. 5:29. In short, it is a heart free from the love of sin as well as from the guilt of sin. But what makes a man sincerely desire the forgiveness of his sins? It is simply his hatred of them, and his desire for righteousness, which hatred and desire have been kindled by the Holy Spirit.

The Spirit strives with all men. It comes as a reprover; when its voice of reproof is regarded, then it at once assumes the office of comforter. The same submissive, yielding disposition that leads the person to accept the reproof of the Spirit, will also lead him to

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Hope International Camp



Clayton Mbofana



Ross Patterson



Sala Rarakula



Kim Whitehouse



David Hogan



Peter Henham



Evan Sadler



Peter, Jodi and young people



Campers enjoying a message from God's Word



Joe and Maxine



Travis, Shani and Dan



The children sing to the Lord



Graeme, Mary and Ruth sing for the Lord



Calvin and Bert

Autumn 2023 At Ohura



Graeme and Mary



Carman on the recorder



A young people's item for the concert



Destiny and Muna



Russell, Robyn, Atonio, William, Joe, and Viela



Nanise and Vani down from Auckland



Sue and Carman, long time friends



William and Niu



Young people from camp



Organising the treasure hunt



Jasper and Mua



Garry, Wayne, David, Samson and Evan

A LIVER Cleanse

Nearly all our health problems, from our general health problems, to digestive issues, to emotional struggles and weight gain, to high blood pressure, heart problems, brain fog, autoimmune diseases and skin conditions have an origin in an overloaded liver, and as we improve the function, and heal this, our health will start to return.

The liver has been busy neutralising our bodies all our life. It filters everything you eat and drink, and even everything you smell, and then helps usher these toxins safely out of the body. The liver can do many things, but it is not invincible. This remarkable organ can be excessively burdened by the onslaught of toxicants so common in everyday life—chemicals, poor food, sweet snacks and soft drinks, excess alcohol, pollution, and the stress we all face today. We are routinely exposed to over 84,000 chemicals, many of which are still untested for safety.

It is beyond the scope of this article to give all the information you need for a good liver cleanse. But the following points may help you get started.

- You must be well hydrated, especially in the morning.
- Eat foods that your body finds easy to process.
- Avoid all processed foods, especially processed fats.
- Avoid caffeine and black tea.
- Keep meals very simple with few food combinations.
- Your body will do very well just eating one (or at the most) two foods at one meal.
- Chew foods very thoroughly.
- Avoid all animal protein and eat only plant



based diet.

- Avoid gluten, canola, eggs.
- Eat only two meals a day e.g. breakfast and lunch six hours later. You will be surprised how easy it is to start doing this. It may take a few weeks, but you will feel great. Your body will love this as it gives it time each day to start some deep cleansing every day. This means each night you will be going to bed with an empty stomach. Your sleep will be more restful.
- If you need a third meal, it needs to be very light and very small.
- Add lots of foods that are high fibre foods.
- Do a castor oil pack on the liver area. (directions for this is found in Back to Eden Health Training Manual – see p9 for details)
- Sweat at least three or more times per week by exercising or in a sauna.
- Remember DO NOT OVEREAT.

Improve Bile Flow with Bitter Botanicals

Bitter botanicals have been used for hundreds of years as both medicine and as drinks. They promote proper drainage of the liver, kidneys, lymph, and help support intestinal health. First and foremost, they support healthy bile flow, which is critical for digestive function, and helps balance your gut flora, since bile acids are antimicrobial. Remember, toxins and their metabolites are eliminated from the liver into the bile, and out of the body via the stool.

The classic bitter botanicals are potent yet gentle. They include gentian, milk thistle, goldenrod, myrrh, and dandelion. Gentian is often called our most bitter herb, offering digestive support and liver protection. Gentian has been shown to increase levels of our most potent endogenous antioxidant, glutathione. It also improves bile flow. Milk thistle (*Silybum marianum*) has a reputation as a potent liver protector, also with bitter properties. Its most active molecule, silymarin, has been shown to enhance glutathione levels in the liver and gut. Dandelion is widely known for its tonic function on the liver, gallbladder, and kidneys. Goldenrod helps the flow of bile. Myrrh is antimicrobial, and improves bile flow as well.

Glutathione

Your liver's ability to transform toxic molecules into less toxic ones, and then help your body excrete them, depends on two phases of detoxification. Phase I: Liver detoxification utilises specialised enzymes to help neutralise innumerable substances.



Kaye Sehm

Phase II: Detoxification goes even further, and neutralises the byproducts of Phase I. Then the toxins are removed from the body. To detoxify, your liver relies on many enzymes and molecules, but the most important may be glutathione. Levels of glutathione are naturally higher in the liver than the rest of your body. However, low levels of glutathione have been found in chronic liver disease.

Alpha Lipoic Acid

ALA easily enters into all live cells, giving them added antioxidant protection from injury due to highly toxic troublemakers. This supports the nerves entering the liver and also glucose storage containment in deep levels of the liver. ALA perks up the liver and helps detoxify it at the same time.

Aloe Vera

The gel from a fresh leaf binds onto toxic debris in the intestinal tract and carries it out of the colon during elimination. It reduces poisons and toxins in the intestinal tract so that they don't travel to the liver. It also helps cleanse the blood flow through the hepatic portal system into the liver, bringing with it chemical compounds from aloe that specifically inhibit bacteria and certain viruses. It expels and diminishes ammonia inside the intestinal tract that otherwise seeps into the liver when food is putrefying due to low hydrochloric acid and bile production.

Barley Grass Juice Powder

Contains phytonutrients that feed an undernourished liver while allowing it to detoxify dozens of frozen toxins and poisons inherited from the past and up to the present moment. It's a responsible detoxifier, replacing the toxins with vital nutrients.

More supplements (it would take too much room to list the benefits of each separately) are: B vitamin complex, black walnut, burdock root, cardamom, cat's claw, chicory root, CoQ10, curcumin, dandelion root, eyebright, ginger, goldenseal, lemon balm, licorice root, magnesium, melatonin, milk

thistle, MSM (methylsulfonylmethane), mullein leaf, nascent iodine, nettle leaf, olive leaf, peppermint, raspberry leaf, red clover, rosehips, spirulina, turmeric, vitamin C, vitamin D, yellow dock, Zinc.

Mop Up Toxins With Binders

Many toxins are reabsorbed after excretion into the bile. In addition, endotoxins from unfriendly gut bacteria, as well as bacteria themselves, can actually move through an inflamed gut lining directly into the bloodstream. This is known as microbial translocation and is associated with immune activation and inflammation. This puts more stress on the liver.

There is no universal binder that has an equal affinity for all toxins. However, a blend of natural molecules that effectively bind a wide array of toxins can help lessen the load on our bodies. Binders to consider include bentonite clay, activated charcoal, and thiol-functionalised silica. Because each has a special affinity for certain types of toxins, a blend will offer broader protection.

Because binders can be constipating, consider soothing supplements such as acacia gum, which serves as a prebiotic fibre, and aloe vera, which has long been used in traditional medicine to soothe inflamed tissues. These support the health of the intestinal lining, normal gut motility and the growth of friendly flora, all of which can help improve liver function.

Liver Troublemakers

Every day we are exposed to substances that threaten our health. Thankfully, we are blessed with miraculous, neutralising, filtering livers. The liver does such a good job protecting us that we are normally unaware that anything harmful has entered our body. For the liver, some of these substances can cause trouble.

Each of the liver's two main lobes has three general levels; it's perimeter surface, its subsurface and the deep inner core. Some of the troublemakers settle in different levels, some in one or two levels, and some can spread out across all three. The liver sends the worst of the troublemakers to its core. With many dangerous substances buried deep in its central core, the liver can protect you better. You can even walk around, because with these troublemakers tucked away, your liver can still function pretty well. But eventually it can catch up with you and cause you to feel unwell.

The deeper troublemakers go into the liver, the more it protects us in the moment and the more time it takes to pull them out later. This is why people's healing processes can vary so much. When you need more time to heal, it's because more toxic troublemakers

are buried deep in your liver.

Petrochemical Group

These settle in the inner core: plastics, petrol, diesel, engine oil and grease, exhaust fumes, kerosene, lighter fluid, gas grills and stoves, chemical solvents, solutions, degreasers, lubricants, car and carpet cleaning products, dioxins, lacquer, paint, paint thinner and carpet chemicals.

Chemical Neuroantagonist Group

These settle in the three levels of the liver and can be passed on through inheritance. These are chemical fertiliser, insecticides, pesticides, herbicides, DDT, fungicides, smoke exposure of any kind, fluoride and chlorine.

Problematic Food Chemical Group

These start to leave the liver faster, and you could eliminate all these within six months to a year of cleansing. These include aspartame, other artificial sweeteners, MSG, formaldehyde and preservatives.

Problematic Food Groups

This group all leave the liver fast as long as you stay away from them while trying to cleanse. These include eggs, dairy, cheese, hormones from food, high-fat foods, recreational alcohol, vinegar, caffeine, excessive salt use, gluten, corn, canola oil and pork products.

Pathogenic Group

These are responsible for the misunderstanding of autoimmune disease. These include viruses and viral waste matter, bacteria, food-borne toxins and mold.

Chemical Industry Domestic Invasion Group

These leave your liver easier. They include plug-in air fresheners and scented candles, aerosol can air fresheners, spray-bottle air fresheners and mists, cologne and aftershave, perfumes and conventionally scented body lotions, creams, sprays, washes, shampoos, conditioners, gels, and other hair products, hair spray, hair dye, talcum powder, conventional makeup, spray tan, nail polish, removers, adhesives, conventional cleaners, conventional laundry detergent, fabric softener and dryer sheets and dry-cleaning chemicals.

Pharmaceutical Group



While there may be times when these are necessary, we need to be aware they affect our liver. Antibiotics, antidepressants, anti-inflammatories, sleeping pills, biologics, regular immuno-suppressants, prescription amphetamines, opioids, statins, blood pressure medications, hormone medications, thyroid medications, steroids, the birth control pill, alcohol and recreational drug abuse.

Toxic Metals

Toxic metal group gets into all the liver and can be passed down through the bloodline. Mercury, lead, aluminum, copper, cadmium, barium, nickel and arsenic.

Radiation

This is something your liver sponges up. Plane flights, x-rays, MRIs, CT scans, cell phones, food and water that has absorbed radiation from past nuclear disasters.

Excess Adrenaline

Caused by a prolonged abundance of adrenal stress and adrenaline-based activities.

Rainfall Exposure

Rain is not like it used to be. The rain is filled with any particulate that is found in the air.

In Conclusion

So many of the symptoms and illnesses that the world teaches are a sign of a faulty body, are, in fact, a sluggish or damaged liver asking for assistance. If you experience fatigue, the doctor may say it's because you're too stressed out, when really it could be an infection of EBV, inside the liver. If you experience hot flashes, you'll hear that it's hormonal and a sign of perimenopause, menopause or post menopause, when the truth is, that they happen as a result of a liver that's been holding on to a virus, heavy metals or toxins long term. With mysterious weight gain, a practitioner may say you overeat or don't eat right or you need to exercise more; meanwhile, it's really a sign of a liver burdened with viruses, excess adrenaline and other troublemakers. And if acne plagues you, the diagnosis will be puberty or some other hormonal shift, when the reality is that it's from strep bacteria thriving in a congested liver, causing the lymphatic system to become overloaded too. None of these issues mean your body is falling apart, they're your liver saying, "please help me". ■

Contact Hope International for Kaye Sehm's full article on the liver, or visit her web site at:

<https://kayesrecipessandremedies.com/wp-content/uploads/2020/07/Newsletter-AutumnWinter-2020-82.pdf>

fied God and His prophet and decided that they would print the book 'Bible Readings For the Home Circle'. It was a good seller, and there was money in it for all concerned. The reason may seem petty to many of us today, because the conditions are far worse than then, because our perceptions are dulled. *"The Lord Jesus will always have a chosen people to serve Him. When the Jewish people rejected Christ, the Prince of life, He took from them the kingdom of God and gave it unto the Gentiles. God will continue to work on this principle with every branch of His work. When a Church proves unfaithful to the word of the Lord, whatever their position may be, however high and sacred their calling, the Lord can no longer work with them. Others are then chosen to bear important responsibilities."* Upward Look 131. *"We are in danger of becoming a sister to fallen Babylon, of allowing our Churches to become corrupted, and filled with every foul spirit, a cage for every unclean and hateful bird."* Letter 51, Sept. 6, 1886. *"And thou Capernaum [Seventh-day Adventists who have had great light] which are exalted unto heaven [in point of privilege], shall brought down to hell."* RH 1 Aug, 1893. *"The Lord does not ask permission of those in responsible positions when he wishes to use certain ones as his agents for the promulgation of truth."* R&H July 23, 1895.

God gave no guarantee that the Church leadership would not become corrupted by the pressures of the world. On the contrary, the prophet gives the following warning to the Church as far back as 1896, that Satan could come in and direct the General Conference as he pleases. *"If the power of Satan can come into the very temple of God [General Conference] and manipulate things as he pleases, the time of preparation will be prolonged."* Letter 8, 1896 (To O.A. Olsen).

At the 1901 General Conference, the prophet stated that the Church should be managed by a committee and a chair-

man, not by a president alone. Despite this warning, the Church leaders voted among themselves to elect a president at the 1903 General Conference.* *"I gave thee a king in my anger, and took him away in my wrath"* Hosea 13:11. Like Israel of old, who wanted a king to be like the other nations, today's Israel is taking the same dangerous path in order to be like the worldly Churches. The Bible says 'that all ye are brethren.' (Matthew 23:8). This unbiblical centralising of hierarchical power allows the Jesuits to infiltrate the Seventh-day Adventist Church structure. They first centralise all power in their own hands and place all Church titles under the control of the divisional HQs. They then encourage all the sheep to stay in the Church and follow 'God's anointed' without question. Is this deception one of the reasons why most Seventh-day Adventists who have stayed in the Church and are in good and regular standing in the Church will be lost? (1T 608-9, 5T 211 & 1SM 204-8).

This is why God is taking the reins into His own hands. This is why God is raising up little ministries to preach the Gospel and Health blueprint all over the world. The infiltrators are confounded by these ministries, for it is difficult for them to be taken over. They can only infiltrate and control systems that are unbiblical and hierarchical by nature. Inspiration warns us that God would awake the Church from its Laodicean slumber by tolerating heresy to come into His Church. (5T 707.)

The prophet told us that there was a Roman Catholic procession in our midst, and spies and traitors. (1T 578). We are also told by inspiration that a new system of intellectual philosophy will come in. This Omega of apostasy, she said, would be of a startling nature. That is why I believe that the heresies coming into God's Church are by design and not incompetency. That is why the New Theology, the new hymnbook, the SDA Bible Commentaries, the modern Bibles, the papal artwork and handsigns, along with the new logo, are all taking us gently back

to Rome. This is part of the hidden things of dishonesty that have crept in unawares. *"There is a stupor, a paralysis, upon the people of God which prevents them from understanding the duty of the hour."* COL 303. This unconditional stake, that has been supposedly driven into the ground, cannot be found in the Scriptures. It is the figment of man's imagination, which has been borrowed from the traditions of fallen Israel and Popery. It has not been built on the 'Rock' of Scripture, but on the sands of ever changing men's traditions. Christ said to come unto Him to find rest. You may find this rest in a Church, by a river, on a mount or in an upper room, or as the Ethiopian did, by the wayside. The Former Rain fell on a self-supporting group in an upper room. We are promised the Latter Rain will fall in the near future, if the past is any indication on how God works. The Latter Rain will also fall on the honest common people and the few loyal leaders in this hierarchical system. (GC 606.) Those who receive the Latter Rain will be betrayed by the majority in the Church, who see this work as fanaticism. (GC 608). The deluded leaders who believe that the Latter Rain will only fall on those within the hierarchical structure will accredit the Latter Rain that will fall on righteous individuals outside the Church to that of Satan. They thus commit the unpardonable sin of accrediting the work of Deity to that of Satan. If the Church was teaching all the truth with a missionary spirit, then we would be sinning against God by starting independent ministries. God is no respecter of persons and we are saved individually by His grace.

The authority of God's Word (blueprint) is the only means of our salvation. Let us seek the Lord through His Word while He can still be found. His nail-scarred hands are still stretched out to lost humanity. His promises are still ours, for His love for us is the same yesterday, today, and forever. ■

**To study this 1901 & 1903 GC leadership crisis study Cloak & Dagger Appendix pg 122 onwards, Letter from AT Jones to AG Daniels.*

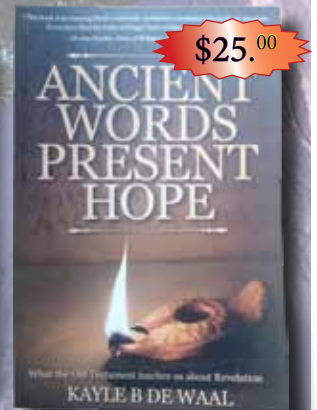
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US bank collapses in biggest failure since global financial crisis



The US rushed to seize the assets of Silicon Valley Bank today after it experienced a run on the bank, the largest failure of a financial institution since Washington Mutual during the height of the financial crisis more than a decade ago...

However, there has been unease in the banking sector all week and the collapse of Silicon Valley pushed shares of almost all financial institutions lower today, shares that had already tumbled by double digits since Tuesday.

Silicon Valley Bank's failure arrived with incredible speed, with some industry analysts today suggesting it was a good company and still likely a wise investment. Silicon Valley Bank executives were trying to raise capital early Friday and find additional investors. However, trading in the bank's shares was halted before the opening bell due to extreme volatility.

Continued From Page 5

follow the teachings of the Spirit, and Paul says that "as many as are led by the Spirit of God, they are the sons of God." Rom. 8:14.

Again, what brings justification, or the forgiveness of sins? It is faith, for Paul says: "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ." Rom. 5:1. The righteousness of God is given unto and put upon everyone that believeth. Rom. 3:22. But this same exercise of faith makes the person a child of God; for, says the apostle Paul again, "Ye are all the children of God by faith in Christ Jesus." Gal. 3:26.

The fact that everyone whose sins are forgiven is at once a child of God, is shown in Paul's letter to Titus. He first brings to view the wicked condition in which we once were, and then says (Titus 3:4-7) "But after that the kindness and love of God our Saviour toward men appeared, not by works of righteousness which we have done, but according to His mercy He saved us, by the washing of regeneration, and renewing of the Holy Ghost; which He shed on us abundantly through Jesus Christ our Saviour; that being justified by His grace, we

www.1news.co.nz/2023/03/11/us-bank-collapses-in-biggest-failure-since-global-financial-crisis/?gclid=CjwKCAjwiOCgBhAgEiwAjv5whBvtNBeamQ-mnZ_2ntnSLRckfbkRasKpbHV18AXJcCSUEuDYfIc-CthoCvllQAvD_BwE&gclid=aw.ds

European groceries seeing empty shelves due to worsening food shortages

Many supermarkets in Europe are seeing empty shelves, most especially for produce, thanks to food shortages in areas where these are procured.

A March 8 article on Strange Sounds cited three locations that had their food production impacted – the Netherlands, Morocco and Spain's southern Almeria region.

Quoting a piece from the German Der Spiegel magazine, the Strange Sounds article noted that major greenhouses in the Netherlands experienced a complete crop failure because of the high energy prices – to the point that heating them would not have been worthwhile. It also pointed out that "the Dutch greenhouse miracle has a weak point: It eats enormous amounts of energy, above all gas." Citing the Dutch greenhouse growers association Glastuinbouw Nederland, a March 6 report by Bloomberg stated that soaring energy costs forced tomato growers cultivating plants under lamps to turn off more than 90 percent of them last winter. This

should be made heirs according to the hope of eternal life." Note that it is by being justified by His grace that we are made heirs. We have already learned from Rom. 3:24, 25 that this justification by His grace is through our faith in Christ; but Gal. 3:26 tells us that faith in Christ Jesus makes us children of God; therefore, we know that whoever has been justified by God's grace, has been forgiven, is a child and an heir of God.

This shows that there is no ground for the idea that a person must go through a sort of probation, and attain to a certain degree of holiness, before God will accept him as His child. He receives us just as we are. It is not for our goodness that He loves us, but because of our need. He receives us, not for the sake of anything that He sees in us, but for His own sake, and for what He knows that His Divine power can make of us. It is only when we realize the wonderful exaltation and holiness of God, and the fact that He comes to us, in our sinful and degraded condition, to adopt us into His family, that we can appreciate the force of the apostle's exclamation, "Behold what manner of love the Father hath bestowed upon us, that we should be called the sons of God." 1 John 3:1. Everyone upon whom this honor has



denied production and forced British supermarkets to impose purchase limits on tomatoes and other vegetables.

<https://www.food.news/2023-03-09-european-groceries-seeing-empty-shelves-food-shortages.html>

Beneficial compounds in olive oil

Olive oil contains various compounds that help regulate inflammation in the body such as the polyphenols hydroxytyrosol (HT) and hydroxytyrosol acetate (HT-ac). These compounds help inhibit inflammatory signaling pathways and reduce the upregulation of inflammatory enzymes like cyclooxygenase-2 (COX-2) and inducible nitric oxide synthase (iNOS). Data from a 2015 review of 30 studies published in the journal *Nutrients* revealed that using olive oil daily in doses ranging from one milligram to 50 mg significantly decreased levels of the inflammatory markers C-reactive protein and interleukin-6 compared to control treatments."

<https://www.superfoods.news/2023-03-07-8-science-based-health-benefits-olive-oil.html>

been bestowed, will purify himself, even as He is pure.

God does not adopt us as His children because we are good, but in order that He may make us good. Says Paul: "God, who is rich in mercy, for his great love where-with he loves us, even when we were dead in sins, hath quickened us [made us alive] together with Christ (by grace ye are saved), and hath raised us up together, and made us sit together in heavenly places in Christ Jesus; that in the ages to come He might show the exceeding riches of His grace in His kindness toward us through Christ Jesus." Eph. 2:4-7. And then he adds: "For by grace are ye saved through faith; and that not of yourselves; it is the gift of God; not of works, lest any man should boast. For we are His workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them." Verses 8-10. This passage shows that God loved us while we were yet dead in sins; He gives us His Spirit to make us alive in Christ, and the same Spirit marks our adoption into the Divine family; and He thus adopts us that, as new creatures in Christ, we may do the good works which God has ordained. ■

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