Hope International (NZ) Ltd

Seventh-day Adventist Laymen Upholding Historic Adventism

"...because thou art lukewarm, and neither

cold nor hot, I will spue thee out of my mouth"Rev 3:16

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people today can learn from the attitudes in old Israel in the time of Christ. "Now all these things happened unto them for ensamples; and they are written for our admonition, upon whom the ends of the world are come." 1 Corinthians 10:11. "We want to understand the time in which we live. We do not half understand it. We do not half take it in. My heart trembles in me when I think of what a foe we have to meet and how poorly we are prepared to meet him. The trials of the children of Israel, and their attitude just before the first coming of Christ, have been presented before me again and again to illustrate the position of the people of God in their experience before the second coming of Christ - how the enemy sought every occasion to take control of the minds of the *Jews, and today he is seeking to blind the* minds of God's servants, and that they may not be able to discern the precious truth... Christ had given precious gems of truth, but men had bound them up in the rubbish of superstition and error. He had imparted to them the words of life, but they did not live by every word that proceeds out of the mouth of God. He saw that the world could not find the word of God, for it was hidden by the traditions of men... Satan was roused to oppose Him, for had he not put forth every effort since the Fall to make light appear darkness, and darkness light? As Christ sought to place truth before the people in its proper relation to their salvation, Satan worked through the Jewish leaders, and inspired them with enmity against the Redeemer of the World. They determined to do all in their power to prevent Him from making an impression upon the people." 1SM 406.

We have all heard dozens of times of God's condemnation of us as a people in the last days, where our prophesised attitude has prevented us from realizing our great need. "And unto the angel of the Church of the Laodiceans...I know thy works, that thou art neither cold nor hot: I would thou wert cold or hot. So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth. Because thou sayest, I am rich, and increased with

The Bible says that God's professed goods, and have need of nothing; and people today can learn from the attitudes in old Israel in the time of Christ. "Now all these things happened unto them for ensamples; and they are written for our admonition, upon whom the ends of the goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked: ... to him that overcometh will I grant to sit with me in my throne, even as I also overcame..." Revelation 3:14-21.

Our Prophet reiterates this inspirational warning by John the Revelator to God's last Church. "There is a stupor, a paralysis, upon the people of God, which prevents them from understanding the duty of the hour." COL 303. "It may be that the destroyers are already training under the hand of Satan and only wait the departure of a few more standard-bearers." 5T 77. "What shall I say to arouse the remnant people of God? I was shown that dreadful scenes are before us; Satan and his angels are bringing all their powers to bear upon God's people. He knows that if they sleep a little longer he is sure of them, for their destruction is certain." 1T263. "The ministers are asleep, the lay members are asleep; and a world is perishing in sin. "8T 36.

A few discerning saints observe that the pliant Church leaders have been instructed by some invisible power not to give the Three Angels' Message warning, which exposes the Papacy as the Man of Sin. This is the natural result of the New System of Intellectual Philosophy that would come in as part of the Omega (1SM 204-208). These apostates refuse to give this warning message to the Church or the world. God has no other option but to take the reins into His own hands (TM 300). Individuals from among the common people are now being raised up of God to give the message to a perishing world which most of the leaders refuse to give. In times past God rebuked his apostate people and their leaders through Elijah. "...and the minister is commanded to cry aloud and show them their transgressions. In all ages this work has been done for God's people, and it is needed now more than ever before.

The word of the Lord came to Elijah; he did not seek to be the Lord's messenger, but the word came to him. God always has men to whom He entrusts His message. His spirit moves upon their hearts and constrains them to speak. Stimulated by holy zeal, and

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INTERNATIONAL
Ph (64) 7 8938911
Fax (64) 7 8938514
www.hopeinternational.co.nz

NATIONAL
Ph (07) 8938911
Fax (07) 8938514
office@hopeinternational.co.nz

6 Tawa St Ohura 3926 North Island New Zealand

A History of Rebellion

Original thought sourced from a Kenneth Cox Video

Peter Henham



Life is very much the result of choices, and when we see the sadness and woe all around in this world it is very much in the same line. Someone has made choices somewhere and what we see is the evil fruit those choices have caused. The Bible talks of Lucifer who was created as the highest of all the created beings. We find in the Bible history that Lucifer also made choices. That although he was created perfect, he was left with the free will, free to make very bad choices. The consequences of those choices we live with right down to our current day. "For thou hast said in thine heart, I will ascend into heaven, *I will exalt my throne above the stars of God:* I will sit also upon the mount of the congregation, in the sides of the north: I will ascend above the heights of the clouds; I will be like the most High." Isaiah 14:13-14. So for Lucifer the choice was that he wanted to be first. First in heaven, first in command. "Lucifer in heaven desired to be first in power and authority; he wanted to be God, to have the rulership of heaven: and to this end he won many of the angels to his side. When with his rebel host he was cast out from the courts of God, the work of rebellion and selfseeking was continued on earth. Through the temptation to self-indulgence and ambition Satan accomplished the fall of our first parents; and from that time to the present the gratification of human ambition and the indulgence of selfish hopes and desires have proved the ruin of mankind." Counsels to Parents, Teachers & Students pg32.

War in Heaven

As a result of this burning passion in his heart the Bible opens to our view the war that broke out in heaven. "And there was war in heaven: Michael and his angels fought against the dragon; and the dragon fought and his angels, And prevailed not; neither was their place found any more in heaven. And the great dragon was cast out, that old serpent, called the Devil, and Satan, which deceive the whole world:... "Rev 12:7-9

We know for a fact that when the devil was cast out of heaven, the mad desire to be God did not subside. Lucifer became know as the Devil, meaning an accuser and Satan, which means the adversary. He started his campaign against the government of God from his headquarters on earth. Yes, he still wanted to be God. So, back thousands of years ago, he set up a system by which he hoped he could receive worship. God's Word that traces the affairs of men, tells of the rise to power of a man, obviously used as a tool in the hand of the Devil. "And Cush begat Nimrod: he began to be a mighty one in the earth. He was a mighty hunter before the LORD: wherefore it is said, Even as Nimrod the mighty hunter before the LORD". Gen

Previous to Nimrod, the Devil had deceived Adam and Eve into joining his revolt against the government of God, and with them most of the children of men. The affairs of men on earth go to the point where we are told, "that the heart of man was evil continually." Genesis 6:5. As a result of pre-flood man's determined rejection of right and his infatuation with evil, God sent a flood to destroy man from the earth.

Only Eight Go Into the Ark

Only eight chose the safety of the ark, and their children went on to re-establish the nations of the earth. Satan then found the man Nimrod, who the Bible calls a "mighty" hunter". (Genesis 10:9). Nimrod's prowess was highly appreciated in the days after the flood, as animals now wild and dangerous were a fear to the groups trying to reestablish civilisation after the terrible deluge. So Nimrod became a leader and a conqueror in the land of Shinar (Babylon). "He also gradually changed the government into tyranny; seeing no other way of turning men from the fear of God, but to bring them into a constant dependence on his own power. He also said, 'He would be revenged on God, if he should have a mind to drown the world again: for that he would build a Tower too high for the waters to be able to reach; and that he would avenge himself on God for destroying their fore-fathers...'Now the multitude were very ready to follow the determination of Nimrod, and to esteem it a piece of cowardice to submit to God: and they built a Tower too high for the waters to be able to reach!" Flavius Josephus of the Antiquities of the Jews Book 1. pg 4.

As the great hunter and city builder, Nimrod became revered; he was readily looked on as more than mortal. In Babylon there was set up an entire worship system built to the worship of Nimrod. Nimrod married a woman called Semiramis, and tradition, mentioned in Wikipedia says this about her, "Semiramis and Ninus had a son named Ninyas. After King Ninus conquered Asia, including the Bactrians, he was fatally wounded by an arrow. Semiramis then masqueraded as her son and tricked her late husband's army into following her instructions because they thought these came from their new ruler. After Ninus's death she reigned as queen regnant for 42 years, conquering much of Asia." When Nimrod died, his wife Semiramis said he had gone back to the sun, and was now the god of the sun. So all of Babylon and its growing empire begin to worship the sun. It was the god of conquest and became the centre of worship for the ancient people. And they said, Go to, let us build us a city and a tower, whose top may reach unto heaven; and let us make us a name, lest we be scattered abroad upon the face of the whole earth. God had promised never to destroy the world by flood again, (Gen 9:11-13). Because of their unbelief, He

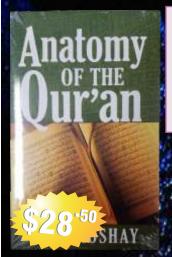
confounded their effort by confusing the language of men, so that they could not talk one to another, thus causing them to spread out in groups over the earth.

As they spread out, they continued to worship the same god, the god of the sun, that they had done in Babylon, but now, of course, they had a variety of sounds being spoken in the new languages God had brought to confound men. Whereas he had been called Nimrod, he was now known as Zoar, Bael or Bael Peor and many other names. Semiramis later became pregnant. She told them she was pregnant from her spirit husband, the sun. So she also became deified, and with the languages became worshipped as goddess of love. In the various languages she became known as Venus, Diana, Astar etc and was worshipped in various forms wherever men went after the move from Babylon. She gave birth to a boy she named Tammuz. He is worshiped as a god of fertility or reproduction. So throughout the pagan world you find ideas of a spirit and a woman bringing forth a child, a counterfeit to the birth of Christ.

Counterfeit Birth of Christ

Now this counterfeit to the birth of Jesus came to have a profound influence on religious affairs of men throughout history. The Bible gives the line of God's chosen in the story of Abraham, Isaac and Jacob. Jacob had twelve sons. Through Joseph his family went to Egypt to avoid the drought. Four hundred years later Moses was sent by God to release them from what had become slavery, and with signs and wonders from God, they marched into the wilderness. There they were led by God to Mt Sinai to receive the Ten Commandments and ratify the covenant with Him. Moses went up the mountain for 40 days and when he gets back he found them worshipping a golden calf. "They have turned aside quickly out of the way which I commanded them: they have made them a molten calf, and have worshipped it, and have sacrificed thereunto, and said, These be thy gods, O Israel, which have brought thee up out of the land of Egypt." Ex 32:8. Did they just make up the idea of a calf to worship? No, they had seen the Egyptians doing it, and they copied the idea. Israel called this molten lump the god that brought them out of Egypt. "And it came to pass, as soon as he came nigh unto the camp, that he saw the calf, and the dancing: and Moses' anger waxed hot, and he cast the tables out of his hands, and brake them beneath the mount." Ex 32:19. This golden calf crises was a terrible moment in the history of Israel, and caused great loss to the cause. "Then Moses stood in the gate of the camp, and said, Who is on the LORD'S side? let him come unto me. And all the sons of Levi gathered themselves together unto

NEW STOCK ARRIVED



Anatomy of the Qur'an. As Islam spreads across the globe, it is increasingly important for Christians to understand the foundation of this religion. This book gives you the insight into their beliefs and how they think in regards to their Qur'an and the Christian Bible. 157 pg PB

Nehemiah Restoring the Breach is an EG White study of the story of Nehemiah. In 1904 the Southern Watchman published a series of 19 articles by Ellen White dealing with the work of Nehemiah. These lessons are reproduced here in their entirety. 83 pg PB

WINNING
WINNESSES

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Enduring

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Winning the Witnesses is a step by step plan. This book will help you to reach Jehovah's Witnesses like you never thought possible. Daniel Rodriguez, an evangelist to the Jehovah's Witnesses for over 22 years.107 pg PB

Rick Howard speaks out against the emerging church heresies and identifies how it has quietly entered Adventism in the name of Jesus under the guise of promoting a closer experience with God. 152 pg PB

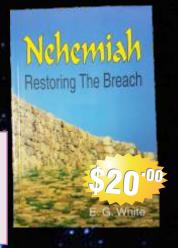
An Enduring Vision written by the late Austin Cooke is an in-depth, verse-by-verse exposition of the book of Revelation. It provides a rich collection of historical sources that provide evidence for the fulfillment of prophecies throughout history. 740 pg PB

Revelation 18:23, tells us "for by thy sorceries were all nations deceived." This is not an insignificant statement, but rather the ominous truth about the end of time. The Hour of the Witch explores the controversial world of witchcraft in today's world. 215 pg PB

Christ, Muhammad and I, is the story of a muslim scholar as he began to doubt the truth of his religion. He searched for better answers, that ultimately led him to accept Jesus as his Saviour. Learn about the 220 contradictions in the Qur'an. 256 pg PB

CHRIST, MUHAMMAD AND I AND I GHAZOII MI W. Dansels

Hero of Hacksaw Ridge tells the story of Private Desmond Doss, an Adventist in the US army who refused to bear arms, but demonstrated amazing courage as he sought to rescue the men who had persecuted him so badly. 124 pg PB









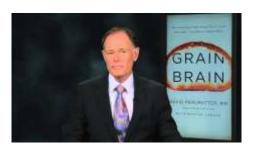
The Gut-Brain Connection

Kaye Sehm



For many years I have been aware of the gut-brain connection. What this means is that our brain power, our memory, mood and energy are affected by what we eat. Yet many people believe that, as we age and get older, it is inevitable that we will lose some of our memory and that getting Alzheimer's is "in the genes". But does this really have to happen? Or are our lifestyle choices causing us to lose the sharpness of our minds?

I recently came across a book Grain Brain by Dr David Perlmutter that made me think. I do realize that there are many different opinions and books that advise us what we



should eat. Some of these even offer opposite advice. Those of you who have followed these newsletters over the years realize that I advocate a whole food plant based diet. Some may call this a vegan vegetarian, but that being said, there are many sick vegan vegetarians who are eating many unhealthy foods. Technically, a vegan vegetarian could eat hot french fries, donuts and pastries etc., but this is not the diet that is at all health promoting. So what did I read about in Grain Brain that has caught my attention? It says that the memory problems we are facing today are directly related to the food we are eating.

Second Brain

We humans have a second brain. The second one, called our enteric nervous system, consists of some 100 million neurons that are embedded in the walls of the long tube of our gut, which starts at the esophagus and ends at the anus. Just as important as the neurons in the gut is the kind of bacteria found there. Our body is a dwelling place for about 100 trillion bacteria and other microbes, collectively known as our microbiome. They do many important things: break down our food, fight off infection, and boost our immune system. However, scientists are finding that they may do even more than that, and have an important role in our mental health.

Dr. Perlmutter, a board-certified neurologist and a fellow of the American College of Nutrition (ACN) is one of the many health professional, doctors and research scientists that are currently emphasising the dietary factors that influence brain health, plus they are all connecting it with a healthy gut microbiome.

"These hundred trillion bacteria that live within your gut are intimately involved in your brain at a number of levels. They manufacture neurochemicals, for example. Things like dopamine and serotonin. They manufacture important vitamins that are important to keep your brain healthy. They also maintain the integrity of the lining of your gut," Dr Perlmutter explains. More about the microbiome later.

Dr Perlmutter, a practicing neurologist, as well as being a fellow of the American College of Nutrition is in a unique position as he is the only doctor in America who has both qualifications. He began to look at the relationship between what we eat and how our brains function. He has documented a number of interesting facts. While many people are linking processed foods and refined carbohydrates to obesity and food allergies, virtually no one has explained the relationship between many common grains and brain health.

Dr Perlmutter states that over thirty-five years of clinical and laboratory studies he is able to help transform your health, not only your brain health, but can help the following problems - ADHD, anxiety and chronic stress, chronic headaches and migraines, depression, diabetes, epilepsy, focus and concentration problems, inflammatory conditions and disease, including arthritis, insomnia, intestinal problems, including celiac disease, gluten sensitivity and irritable bowel, memory problems and mild cognitive impairment, frequently a precursor to Alzheimer's disease, mood disorders, dental problems, overweight and obesity, Tourette's syndrome and much more. Another study has emerged showing that babies born to women who are sensitive to gluten live with an increased risk of developing schizophrenia and other psychiatric disorders later in life.

Brain Inflammation

It is now becoming well known that more and more people are becoming gluten intolerant. The thought of your brain suffering over a bowl of pasta or a piece of toast may seem far-fetched. But could it be possible that everyone's brain is having a negative reaction to gluten? It is causing an inflammation in the body and in particular to the nervous system. We may all consider that hamburgers, pizzas, french fries, cakes, chips, waffles, ice cream and sweets – fast foods are not really healthy. But what about

so-called healthy carbohydrates such as wholemeal grains?

Studies coming out describing Alzheimer's as a third type of diabetes began to emerge in 2005. Normally, people with diabetes have high blood sugar because their bodies cannot transport sugar into cells where it can be safely stored as energy. This sugar in the blood causes many problems. This toxic sugar inflicts lots of nerve damage, heart disease and Alzheimer's. The entire body is inflamed.

The cornerstone of all degenerative conditions is inflammation. But what we must look at is - what are the instigators of this inflammation? What researchers are now finding out is that gluten and a high carbohydrate diet are the most prominent stimulators of inflammation. But we often are not aware that our brains are being negatively affected when eating this diet. This is why Alzheimer's is being called diabetes of the brain. Digestive disorders and food allergies are much easier to recognise because symptoms of gas, bloating, constipation and diarrhea are evident. With brain disease, once you are diagnosed with dementia, turning this around is very hard.

Gluten

Gluten is a protein composite that acts as an adhesive material, holding flour together to make bread products. The gluten protein molecule is likened to a pearl necklace. When we eat gluten, our hydrochloric acid in the stomach undoes the clasp of the necklace and our digestive enzymes are like scissors - cutting off individual pearls. But we humans don't have scissors to cut off individual pearls from gluten, instead they are broken up into different clumps e.g. 11, 15, 33. These **clumps** stimulate the immune system and cause inflammation in the body and holes are torn in the gut lining. Then the too large clumps get into bloodstream and go to the weakest part of the body. Dr Marios Hadjivassiliou, a professor and one of the most respected researchers in gluten sensitivity, estimates that 99% of people whose immune systems react negatively to gluten don't even know it. He states that "gluten sensitivity can be primarily, and at times, exclusively a neurological disease". In a Lancet Neurology article in 2010 he calls for change, to get the word out about the seemingly invisible gluten sensitivity and brain dysfunction.

Neurobiologist, Dr Aristo Vojdani, who has published extensively on the topic of gluten sensitivity, says the gluten sensitivity is now twenty times higher than it was two decades ago. Even though you may not be sensitive to gluten in the way an individual celiac is, we all may be sensitive to gluten from a neurological standpoint. Inflammation is at the heart of all disorder and disease. When we take anything into the body that triggers this inflammatory response, we are at much greater risk from headaches, brain fog, depression and Alzheimer's. Plus gluten is now linked to schizophrenia, epilepsy, bipolar, autism and ADHD.

Elevated Blood Sugar

But apart from gluten there is more we need to know about carbohydrates and their impact on brain health. This knowledge is of benefit to many vegetarians, as when they give up flesh foods they often replace them with lots of grains. What many people do not know is that different foods cause a surge in the blood sugar. The glycemic index reflects how quickly blood sugar levels rise after eating a particular type of food. Sugar has a GI of 68, a candy bar of 55, a banana of 54, but what amazes many people is that whole wheat bread has a GI of 71, putting it equal with white bread. It is a fact that few foods produce as much surge in the blood sugar as foods made with wheat. Remember, the glycemic index of foods reflects how high a person's blood glucose goes and how long it remains elevated after consuming the food. Well-respected and peer-reviewed journals have published reports that higher levels of blood glucose (blood sugar and blood glucose are interchangeable terms) are specifically damaging and detrimental to the brain in general, and more specifically, to the hippocampus, which mediates memory function. A recent article in Neurology reported that elevations of blood glucose and glycated hemoglobin [HbA1c] translate into

we have a compromised memory. Another recent article in The New England Journal of Medicine demonstrated that even mild elevations of blood sugar translate dramatically into an increased risk for developing dementia. It is a profound correlation to recognise that even subtle elevations of blood glucose—well below levels to be considered diabetic—may already be damaging the brain. Elevated blood glucose and glycation of proteins relate to an increased risk for cognitive dysfunction as well as brain shrinkage.

shrinkage of the hippocampus which means

Foods that contain gluten tend to be high in carbohydrates. Breads, pasta, cookies, crackers, and other common gluten-containing foods are foods with extremely high glycemic indices and should be avoided. That said, people who are glutensensitive may suddenly become attracted to the gluten-free aisle in the grocery store and gravitate toward gluten-free pastas, breads, and crackers. These foods are still very high in carbohydrates.

Our average blood glucose can be determined through a lab test called an

HbA1c test. The HbA1c, a marker of average blood glucose, tells us not only about what that person's glucose has been for the prior 3–4 months, but also serves as a marker of protein glycation (a process in which sugar bonds with protein). HbA1c is glycation of the protein hemoglobin and, as such, serves as a marker of protein glycation.

When HbA1c begins to elevate, it is an indication that not only is hemoglobin being glycated, but all the proteins in the body are being glycated. This is significant because glycation of proteins does two things: first, it dramatically increases the body's production of inflammatory chemicals such as cytokines; and second, it also dramatically increases the production of free radicals (harmful molecules). Oxidative stress may be increased up to fifty-fold when proteins become glycated. In fact, research suggests that the most valuable aid for monitoring risk for Alzheimer's disease is the HbA1c. What we can learn from this is that HbA1c is a powerful marker for the risk of annual brain shrinkage.

A study in the Journal of Alzheimer's Disease demonstrated that individuals who consumed higher amounts of carbohydrates in their diets had about an 89% increased risk for developing dementia, in contrast to people whose diets were highest in fat and whose risk was reduced by 44%.

In 2012, a report in the Journal of Alzheimer's Disease published research from the Mayo Clinic that revealed that older people who fill their plates with carbohydrates have nearly four times the risk of developing mild cognitive impairment such as problems with the memory, language, thinking and judgment – all generally precursors to Alzheimer's Disease. This particular study found that those on whose diets were high in healthy fats were 42% less likely to experience cognitive impairment, and those who had high intake of protein had a reduced risk of 21%.

Question Around Protein Sources

Dr Perlmutter's diet recommendations include healthy meat, butter and eggs. I personally believe that in today's world it is virtually impossible to find healthy sources of animal protein. I, along with numerous others, believe that his science and reasoning is very valid. Except it is much wiser to substitute vegetable protein instead of animal protein. Vegetable protein is found in many foods such as beans, lentils, nuts and seeds. He also recommend healthy fats for our brains to function well, and absolutely no trans fats (Margarines). There is now lots of information available to show that fish oils are no longer safe to use.

Fats

Our brain is at least 60% fat, so it is no wonder deficiencies in specific kinds of fats can have huge repercussions on intelligence and behaviour. To improve brain health, we need to reduce the amount of saturated fat

(which is very common in the American diet) and replacing it with healthy fats like olive oil and omega-3s. One of the best ways to make the switch is by following a diet of fruits, vegetables, whole grains, nuts, coconut oil and seeds.

A lack of adequate fat and cholesterol in the diet can have a pronounced effect on the health of every cell in the body and particularly on the neurons – the brain cells. The fat we eat influences the amount of fat and cholesterol available to the brain. Our diet can have a pronounced influence on our mental health. Cholesterol, for instance, is essential for the transmission of nerve impulses and for the storing and retrieving of memories. The synapses - the highly specialized junctions between the brain cells – depend on cholesterol in order to transmit signals from one neuron to another. Any interference with normal cholesterol synthesis can impair nerve tissue maintenance and repair, leading to neuron degeneration. Even a small depletion of cholesterol - less than 10 percent – has been shown to be enough to inhibit nerve transmission. When this happens memory and cognitive skills decline.

A number of studies have shown that the amount of cholesterol circulating in the blood influences brain function. Low blood cholesterol is associated with poor cognitive performance. Higher cholesterol levels appear to improve memory and cognitive skills and protect against neurodegenerative diseases such as Alzheimer's. But we should make the effort to eat what fats are safe.

Sugars

Most are aware that refined sugar is not at all healthy, but is actually toxic to our bodies. The way sugar is metabolised is important. Glucose is the simplest form of sugar. Table sugar is a combination of a glucose and fructose molecule. When we eat 100 calories of glucose from a potato, our bodies metabolise it differently than if we were to eat 100 calories of sugar comprising of half glucose and half fructose.

Glucose from carbohydrates and starches are processed by every cell in the body, whereas fructose is processed in the liver. So consuming glucose and fructose at the same time means your liver has to work harder. But consuming fructose alone has no immediate effect on blood sugar and insulin levels. But it has more long term dangerous effects. The science is well documented: Consuming fructose is associated with impaired glucose tolerance, insulin resistance, high blood fats, and hypertension. And because it does not trigger the production of insulin and leptin, two key hormones in regulating our metabolism, diets high in fructose lead to obesity and its metabolic repercussions.

TO BE CONTINUED.

Evan's Talks In Melbourne





Evan was again invited to speak at the Box Hill Church in Melbourne on Sabbath 24th March. A good number attended.

A Visit to Hartland After 31 Years







Evan visited Hartland College with Pr Rodney Millin who was a student there 20 years ago. They visited Dr Colin Standish on his sick bed. Rodney far right preaching for morning worship.

Talks In The Bronx New York









Evan took a week of prayer, Pr Plummer center left. Barbara waves to her friends who stayed during the papal tour.

Richard Mathieson's Funeral







Evan had Bible studies with Richard in 1979. He took his funeral in Greymouth. Family scatters his ashes.

Health Clinic UPDATE

So far we have run 7 programs and word of mouth is starting to bring regular calls from all over New Zealand. With God's blessing these guests have gone away excited about the new healthy life-style they have learned about.



Guest Testimonial

Our experience at Ohura Health Retreat from 10 th -14 th December 2017 was wonderful. The official opening of the retreat wasn't until 30 th January 2018. However, with a little persistence our group of four were allowed in early. Although there was still lots of activity with renovations etc, the excellent service provided by Sala and Akapussi far outweighed the hustle and bustle of workers around us. The families living at the retreat were also warm, welcoming, courteous and helpful.

The morning and evening devotional sessions were amazing and we all looked forward to the health lessons, juices, massages, saunas, facials, hot baths and poultices every day. If you're wanting simple accommodation, and looking for somewhere to learn about healthy eating, cleansing, unwinding, relaxing and being pampered, then Ohura Retreat is the place to go! Rating 4 out of 5. LB

More Papers Printed & Outreach









The Sunday Law Times papers being unloaded after a reprint of 30,000. Stu, Lindsay and Frank out letterboxing

Peter's Meetings In Woodville & Auckland







Over the last few months Peter has taken meetings in Woodville and Auckland. They have been well supported.

Continued from page 1

with the divine impulse strong upon them, they enter upon the performance of their duty without coldly calculating the consequences of speaking to the people the word which the Lord has given them. But the servant of God is soon made aware that he has risked something. He finds himself and his message made the subject of criticism. His manners, his life, his property, are all inspected and commented upon. His message is picked to pieces and rejected in the most liberal and unsanctified spirit, as men in their finite judgment see fit. Has that message done the work that God designed it should accomplish? No, it has signally failed because the hearts of the hearers were unsanctified." 5T 299. Here we see that those who have been raised up of God to warn the pastors and the people of their imminent danger will be criticised and rejected. This is because "... A large majority of the ministers had no more sense of the sacredness of their work than children... The power of godliness has almost ceased to be in our churches." 5T 166. "I am filled with sadness when I think of our condition as a people. The Lord has not closed heaven to us, but our own course of backsliding has separated us from God. Pride, covetousness, and love of the world have lived in the heart without fear of banishment or condemnation. Grievous and presumptuous sins have dwelt among us. And yet the general opinion is that the church is flourishing and that peace and spiritual prosperity are in all her borders. The church has turned back from following Christ her Leader and is steadily retreating toward Egypt. Yet few are alarmed or astonished at their want of spiritual power. Doubt, and even disbelief of the testimonies of the Spirit of God, is leavening our churches everywhere."5T217.

The prophet of God has warned us that the same attitudes which were in Israel in Christ's time and which caused the eternal loss of many, is in our church today. Let us now look at those attitudes, so there is no need for any to fall short of the requirements of eternal life through the same deceptions that ruined old Israel. One of the reasons why God's church rejected Jesus as the Messiah, was that they thought all instruction from God should come through the ordained church leadership.

"The Lord often works where we least expect Him; He surprises us by revealing His power through instruments of His own choice, while He passes by the men to whom we have looked as those through whom light should come. God desires us to receive the truth, upon its own merits - because it is truth . . . Those who have not been in the habit of searching the Bible for themselves, or weighing evidence, have confidence in the leading men and accept the decisions they make; and thus many will reject the very messages God sends to His people, if these leading brethren do not accept them . . . The Lord will raise up men who will give the people the message for this time." GW 126. Here we see that God wants His truth to be accepted or rejected on its own merit. He knew that if Christ had been born into the family of Caiaphas or Ananias he would have had the best education and would have lacked for nothing. He would have grown up with the elite of Israel and all in Israel would have accepted Him. However, the wisdom of God had Him raised by a poor family in Nazareth, a town that all knew nothing good could have come out of. (John 1:45). Christ was not educated in the universities, like Paul was, and all the other pharisees and scribes who argued with Him. (John 7:15).

Once He was about thirty, things started to go seriously wrong. When His mother wasn't looking, He went to an independent camp meeting at the Jordan. The leader at this meeting was uneducated, and was not ordained by the Church Leadership, hence he had no authority to baptise. He at no time sought permission from God's Church leaders for this meeting. When Jesus came to this meeting, He requested baptism. (Matthew 3:13-17). At this meeting, the leader criticised God's church leaders by calling them vipers, which was not showing proper respect to the Church Leaders. He warned them that the axe had been laid unto the root of the tree (Matthew 3:7-10). The leaders said that uneducated John had a devil, because he was causing division in the church and speaking against the leaders. (Matthew 11:18). Immediately after being baptised, Jesus formed His own independent ministry without getting permission. The leaders thought His actions were causing unnecessary division in God's Church. He then made converts from the uneducated, common people. (Matthew 4:17-21, Acts 4:13). Soon after this Jesus held His own independent camp meeting on the Mount. He told the people they had to be as perfect as their Father was in heaven. (Matthew 5:1-48). This divisiveness in God's Church was a great concern to the leaders. Christ did not help the matter when He was rude to the leaders by calling them hypocrites, serpents and vipers. He called them the children of hell. (Matthew 23:13-15, 32-33). The leaders in turn said that Jesus had a devil, and was a sinner. (John 8:52. John 9:24). They also said that he was a glutton and had a drinking problem. (Matthew 11:19). Jesus said that the publicans and harlots would go in the kingdom before them. (Matthew 21:31). Many thought those personal and unnecessary remarks would only cause further division. The leaders had had enough, so they sent officers to arrest Christ. These officers came back deceived by His words. The leaders, however, won the day with the overwhelming argument, "Have any of the rulers or of the Pharisees believed on him?" John 7:47. The leaders were convinced that no truth could come to the Church without their authority or blessing.

The leaders thought that when Jesus went into God's Temple, and threw out the money changers, that He had lost His mind. (Matthew 21:12). Consequently, the Church leaders disfellowshipped Him and His followers. (Matthew 12:37, John 9:22). The Church leaders then took counsel to kill Christ, in order to keep harmony and peace in the church. (John 11:53). They then took counsel to kill the followers of this uneducated Carpenter who was splitting the church. (Acts 7:59, Acts 8:1, Acts 12:2). The Church leaders accused Jesus of not following their Church Manual. (Matthew 15:2). Jesus replied that God's Word

had greater authority than the Church leaders, the Church Manual, and the Church tradition. (Matthew 15:3,6,9,13). The Church leaders demanded that Christ tell them where He got His authority from for dividing the Church. (Matthew 21:23). Christ refused to tell them. (Matthew 21:27). One thing that greatly concerned the Church leadership was that the disciples were taking money, which should only have gone into the storehouse of God's Church. (John 13:29).

Christ missed a golden opportunity to convert the whole of Israel when He ignored the Church leaders' request to come down from the cross, in order for them to believe. (Matt 27:39-42).

God gave the Former Rain and not the Church leaders in Jerusalem. The Former Rain fell upon the common people who were attending an independent meeting in an upper room. (Acts 2:1-17). There was a hierarchical system in Christ's day, and our Saviour saw fit not to use it. This system had misled and deceived the people by telling them that they were Abraham's seed and to stay in the church. ie. 'The Temple of the Lord, the Temple of the Lord', and they would see no destruction because they were God's chosen people and the apple of His eye. The leaders also told them that the ship was going through and that they should stay on the ship, and that they should not go to those independent meetings, because they were not authorised by the Church leadership. The consequences of this delusion was that 1.2 million church members, in good and regular standing, perished in AD70, and another million were separated from their families and went into slavery and were scattered around the Roman Empire.

There is an unbiblical hierarchical system in our time which is trying determinedly to dilute the three angels' warning message in order not to offend the Popery. The SDA Church leadership have the power to disfellowship members who are sighing and crying at the abominations in the Church. (Is 66:5, Ez ch8&9, 5T 209-212). The leadership of this 'new system of intellectual philosophy' cannot however give the Latter Rain, for that is beyond their papal-like power. (TM 358-363). God gave the Former Rain and not the Church leaders. God will once again give the Latter Rain and not the Church leaders at the General Conference in Maryland.

The Latter Rain will intensify God's final warning to lost humanity. In part of this message God has commanded us to expose the wickedness of the Man of Sin who has changed His holy Sabbath to Sunday. (Ev 705). Those who are making a science out of watering down God's final warning to lost humanity will be bypassed, as the Church leadership was 2000 years ago.

Ellen White warns us that "The religion of many among us will be the religion of apostate Israel". TM 468. "I was shown the startling facts that but a small portion of those who now profess the truth will be sanctified by it and be saved." 1T608.

Continued from page 2

him. And he said unto them, Thus saith the LORD God of Israel, Put every man his sword by his side, and go in and out from gate to gate throughout the camp, and slay every man his brother, and every man his companion, and every man his neighbour." Ex 32:26-27. Thousands died right there, so let us not ever underestimate the loss to ourselves and those around us by the indulgence in sin. (Ex 32:28). This was a terrible moment, but the Devil had tried to destroy the whole plan of Salvation in this one act, and God made it very clear it was not to happen.

Golden Calf - Sun Worship

Now what makes this account so relevant to our look into the history of rebellion is that in worshipping the Golden Calf, they were actually paying homage to the sun. The shape of the horns have been seen as token of the sun's presence, and the power and strength of the bull again were symbols that symbolised



the power of the sun deity. Another great apostasy Israel experienced as they approached Canaan was on the very border of the promised land, a pertinent point for us today, on the verge of eternity. So we read in Num 25:2-3 "And they called the people unto the sacrifices of their gods: and the people did eat, and bowed down to their gods. And Israel joined himself unto Baalpeor: and the anger of the LORD was kindled against Israel." BaalPeor was the sun god of the Moabites, and by joining in their worship, they had again severed their connection with their Heavenly Father. Here is scriptural evidence that God recognised the sun worship in this event, when He said, "... Take all the heads of the people, and hang them up before the LORD against the sun, that the fierce anger of the LORD may be turned away from Israel." Num 25:4. Twenty four thousand people died because they wanted to be part of that wicked, immoral stuff.

Gideon's family was struggling with the same temptation. In fact, that is why Israel had been placed in servitude, because of the infidelity to God. "Then Gideon built an altar there unto the LORD, and called it Jehovahshalom: unto this day it is yet in *Ophrah of the Abiezrites. And it came to pass* the same night, that the LORD said unto him, Take thy father's young bullock, even the second bullock of seven years old, and throw down the altar of Baal that thy father hath, and cut down the grove that is by it:" Jdg 6:24-25. Scripture gives us the knowledge that Gideon's father was worshipping Baal. From the Lord comes the clear message, get rid of that horrible thing before I can deal with you. "Then Gideon took ten men of his servants, and did as the LORD had said unto him: and so it was, because he feared his father's household, and the men of the city, that he could not do it by day, that he did it by night. And when the men of the city arose early in the morning, behold, the altar of Baal was cast down, and the grove was cut down that was by it, and the second bullock was offered upon the altar that was built." Jdg 6:27-28

These battles with sun worship were a constant struggle that plagued the people of God. This pagan sun-worship was developed by the Devil, who was lusting after worship. This facade of a structure built by Nimrod and family, takes the glory due to God and passes it to Satan.

We read that "Ahab the son of Omri did evil in the sight of the LORD above all that were before him. And it came to pass, as if it had been a light thing for him to walk in the sins of Jeroboam the son of Nebat, that he took to wife Jezebel the daughter of Ethbaal king of the Zidonians, and went and served Baal, and worshipped him." 1Ki 16:30-31. Jezebel's father was not only the king of the Zidonians, but also the high priest of the temple of Baal. He was named after the god Baal. He had also named his daughter after the god Baal. And when Ethbaal and Jezebel got through with Ahab, this is what happened. "And he reared up an altar for Baal in the house of Baal, which he had built in Samaria. And Ahab made a grove; and Ahab did more to provoke the LORD God of Israel to anger than all the kings of Israel that were before him." 1Ki 16:32-33.

Jeremiah, Don't Pray for Them

When you come to Jeremiah's time, God tells Jeremiah, don't even pray for them. "Therefore pray not thou for this people, neither lift up cry nor prayer for them, neither make intercession to me: for I will not hear thee." Jer 7:16. "Seest thou not what they do in the cities of Judah and in the streets of Jerusalem? The children gather wood, and the fathers kindle the fire, and the women knead their dough, to make cakes to the queen of heaven,..." Jer 7:17-18. What were they doing? Oh, they were making some cakes, and putting a 't' on them for the god Tammuz, and they were offering them as part of their worship. These hot cross buns are a regular part of the 'Christian' culture. They aren't from the Bible. Here we have another example of how man has been led to the rebel side without even knowing. God loves each soul caught in the web of deception, but calls all to repent.

"Then said he unto me, Son of man, lift up thine eyes now the way toward the north. So I lifted up mine eyes the way toward the north, and behold northward at the gate of the altar this image of jealousy in the entry." Eze 8:5. What that is saying is that they had erected a pagan image or pagan god in the entrance of God's sanctuary. "He said furthermore unto me, Son of man, seest thou what they do? even the great abominations that the house of Israel committeth here, that I should go far off from my sanctuary? but turn thee yet

again, and thou shalt see greater abominations. And he brought me to the door of the court; and when I looked, behold a hole in the wall. Then said he unto me, Son of man, dig now in the wall: and when I had digged in the wall, behold a door." Eze 8:6-8. God is revealing a secret entrance into the sanctuary. One used by leadership, and unknown to the common people. "And he said unto me, Go in, and behold the wicked abominations that they do here. So I went in and saw; and behold every form of creeping things, and abominable beasts, and all the idols of the house of Israel, pourtrayed upon the wall round about." Eze 8:9-10. Here in the sanctuary were all these pagan gods all around the walls of the sanctuary. "He said also unto me, Turn thee yet again, and thou shalt see greater abominations that they do. Then he brought me to the door of the gate of the LORD'S house which was toward the north; and, behold, there sat women weeping for Tammuz." Eze 8:13-14. The supposed son of Nimrod and Semiramis was in the temple. They believed Semiramis conceived Tammuz in late March early April, so Tammuz was born on 25 December. That happens to be where we get Christmas from, and Santa Claus really is an ancient reference to the god of this world bearing gifts to men. It was christianised, slid under the door and handed to us as a Christian custom.

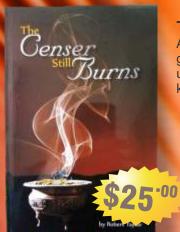
This event is also where we get Easter from. The forty days of lent mourning is the forty days to the winter equinox, and then the celebration of Easter begins. It is all about the beginning of spring or fertility, hence Easter eggs, Easter bunnies, and I might add those cakes in Jeremiah - hot cross buns.

"...at the door of the temple of the LORD, between the porch and the altar, were about five and twenty men, with their backs toward the temple of the LORD, and their faces toward the east; and they worshipped the sun toward the east." Eze 8:16. Here they were with their backs to God, worshipping the sun. Over and over, Israel turned and went after sun worship in its many and varied forms.

After Christ, as the early Christian Church grew, the great number of converts were Gentiles, and had been pagan. In this fact, the devil saw his chance. Around 300AD, there was an Emperor on the throne of the Roman Empire, called Constantine. He decided it would become politically advantageous for him to become a Christian. So he told everyone he had a dream of a cross. He marched his army through a river and told them they were all baptised Christians. He made them paint crosses on their shields and he went to war in the name of Christ. He tried to do everything he could to make Christianity appealing to the pagans, so he took the Sunday, the day the pagans worshipped on. He said Christians should now worship on the day of the sun and signed it into law. The edict of Constantine 321AD. It was handed to us - slid under the door as a Christian custom, covered up and passed to us as a Christian people.

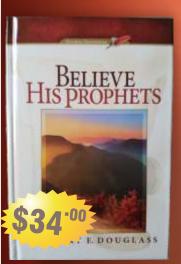
God help us to ever be loyal to Christ, and remember to keep His Sabbath day Holy.

Books To Stock Up Your Library



The Censer Still Burns

As we prepare for the climactic events we need to be grounded in the old Advent message. This needs an understanding of the Sanctuary. The Sanctuary was the key that unlocked vital truths. PB 96pgs.

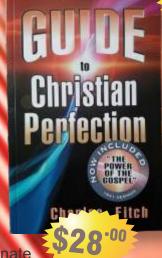


The Chronology of Ezra

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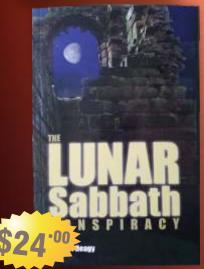
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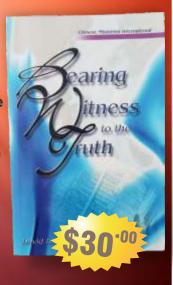
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The Return of the Latter Rain vol 1
A historical review of Seventh-day
Adventist history from 1844 through
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this great second Advent movement
was raised up by God to give the
latter rain message. PB 498pgs.

Bearing Witness to the Truth

This book is a collection of 30 articles written to combat various errors that have crept in to confuse God's people. PB 316pgs.



Critical Turkey Repatriates Gold from US in Bid to **Ditch Dollar**

Ankara has decided to bring back all its gold stored in the US Federal Reserve, according to Turkish media. In recent years, Turkey repatriated 220 tons of gold from abroad, and 28.7 tons was brought back from the US last year. Turkey's gold reserves are estimated at 564 tons and are worth about \$20 billion, Turkish newspaper Yeni Safak reported. This makes Ankara the 11th largest gold holder, behind the Netherlands and ahead of India. The reports come at a time when Turkish President Recep Tayyip Erdogan has taken a tough stance against the US currency. This week he criticized dollar loans and said that international loans should be given in gold instead. "Why do we make all loans in dollars? Let's use another currency. I suggest that the loans should be made based on gold," Erdogan said during a speech at the Global Entrepreneurship Congress in Istanbul on April 16, according to Hurriyet. "With the dollar the world is always under exchange rate pressure. We should save states and nations from this exchange rate pressure. Gold has never been a tool of oppression throughout history," he added.

https://www.rt.com/business/424670-gold-turkeyrepatriation-dollar/

As Paul Ryan stands down, a new generation of Control of **Catholics** is thinking differently



...When Paul Ryan announced he was retiring as Speaker of the House... Mr Ryan represented the pinnacle of Catholic influence among the Republicans. In an alternate reality, Jeb Bush won the 2016 race on a ticket with Marco Rubio and, working with Ryan in the Congress, they consecrated America to the Immaculate Heart of Mary. Instead, Trump's victory spelled the end of Ryan's era: the President is neither privately virtuous nor interested in casting policy in terms of morality. It's America First for the moment, with a big wall to prevent the Catholic **Mexicans** from breaking in and doing all the work. http://www.catholicherald.co.uk/issues/april-20th-2018/a-newera-for-american-catholicism/

Macron: Europe **Faces** 'Unprecedented' Mass Migration, 'Shares Destiny' With Africa

15 million African migrants to 200 million within 30 years, according to experts.

'Bombshell' population growth in Africa means Europe is entering an "unprecedented" age of mass migration, Emmanuel Macron has said, asserting that the two continents' destinies are "bound."

"The migratory phenomenon we are facing will be historic," declared the French president in a television appearance Sunday night, when he announced that "great poverty", "climate change", and "geopolitical conflicts" will see Africans flooding into Europe "for many years to come". To back up his point, Macron pointed to "bombshell" population growth across the third world continent...estimates put the number of Africans living in Europe will grow from nine million to between 150 million and 200 million within the next 30 years.

http://www.breitbart.com/london/2018/04/17/macron-europemigration-destiny-africa/

UK Police Appear to Have Lost London's Streets -**Ex-Met Chief**

As the recent wave of violence in the UK's capital continues, a former chief in the Metropolitan Police Service (MPS) has warned that many locals feel unsafe in their city and think the police have lost control of London's streets. Victor Olisa, the Metropolitan Police's former head of policing and diversity in Tottenham, attributed the rise in knife crime and other violent acts to budget cuts, and warned the situation could get worse if it isn't proactively tackled."Communities are saying we don't see the police around anymore. It appears to people I have spoken to as though the police have lost control of public spaces and the streets," the former police chief said on April 6.

He made the comments after another six stabbings – which took place in the space of 90 minutes – were reported across London. So far this year, 50 people have been murdered in the capital, marking a considerable uptick in violence, particularly knife

UK Home Secretary Amber Rudd is expected to announce a new anti-violence initiative to discourage youngsters from committing violent crimes, but some believe the British government is adopting a short-term approach to crisis, when it should be reversing budget cuts to ensure local police forces have sufficient manpower to police London's streets.



london-violent-crime-surge/

Coffee may come with a cancer warning label in **California**

A California judge ruled against coffee shops that may have to label their product. Labels would warn customers about acrylamide, which the state lists as a carcinogen. A preliminary decision from a California superior court judge in Los Angeles could affect thousands of coffee shops including Starbucks, 7-Eleven and even gas stations.

The shops may have to put up a warning that tells customers there is a possible cancer risk linked to their morning jolt of java. The court said in a statement Wednesday that the companies "failed to meet their burden of proof on their Alternative Significant Risk Level affirmative defense" and ruled against them.

https://edition.cnn.com/2018/03/30/health/coffee-cancercourt-decision-warning-label-california/index.html

Tumeric Good for Your Health!

Recent medical research into turmeric's active compound, curcumin, may explain why the spice was used as a medical catch-all. It's a natural anti-inflammatory. Your body's inflammatory process is a miracle of nature. It helps to identify and then fight foreign bacteria. According to Dr. Barbara Delage, a nutrition scientist with the Linus Pauling Institute's Micronutrient Information Center, "It has become increasingly clear that oxidative stress and inflammation contribute to the development and/or progression of most (if not all) chronic conditions. This explains why an anti-inflammatory drug that works to treat a specific disease might also help treat other inflammatory conditions." That's why Delage is studying curcumin, which seems to target specific molecular pathways involved in inflammation and oxidative stress. Unlike synthetic anti-inflammatories, which can cause internal bleeding and lowered white blood cell counts, turmeric is non-toxic. It's also just plain healthy. Not only does it contain potassium, magnesium, Vitamin C, Vitamin B6, and iron, it can also improve skin conditions like eczema and psoriasis, reduce congestion, and help your body digest fats. Curcumin's benefits may extend well beyond easier digestion. Sufferers of osteoarthritis have reported a reduction in pain and an increase in mobility after adding 200 milligrams of curcumin to their diet, and its potential neuroprotective qualities have led researchers to study its effects on Parkinson's patients.

https://www.naturalwellness.com/nwupdate/how-turmericcan-improve-vour-heart-health/



Christian Youth Camp, Ngaruawahia, NZ Friday 11th to Sunday 13th May 2018

Speakers



Accom









Barbara O'Neil



Gabe Simpson



Jonathan Gray New Zealand



Bruce Telfer New Zealand

PLEASE NOTE: We remind worshippers that during camp meetings we are in the presence of God, and that we should reverence His sanctuary. Please maintain a proper standard of dress, becoming of those who love God and keep His commandments. Parents, please know where your children are at all times.

ACCOMMODATION IS LIMITED, SO EARLY BOOKINGS ARE ESSENTIAL TO SAVE DISAPPOINTMENT.

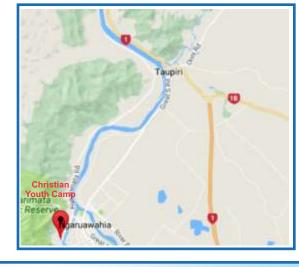
Christian Youth Camp 148 Waingaro Rd Ngaruawahia

Under 3	FREE
3-10yrs	\$25.00
11 and over	\$30.00
Day Visitors	\$ 8.50
Caravan Sites	\$30.00
Tents	\$30.00

All meals \$4.00

FAMILY MEAL DISCOUNTS

2 adults & 2 children \$40.00 per day 2 adults & 3 children \$55.00 per day 2 adults & 4 children \$65.00 per day



Children's & Youth Meetings Singing, Bible study, discussion, hands-on craft activities, games, and adventure activities with Jedediah, Peter Calkin.

Thoma: LINSHEATHING THE SWORD, the incredible history of the Bible and it's extraordinary.

Theme: UNSHEATHING THE SWORD - the incredible history of the Bible and it's extraordinary power. See programme for more details or contact Peter 0226477035 Come along and bring a friend.



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